

NDOTO TOURNAMENT 2023 (NDOTO means “Dream” in Swahili)

The Ndoto Tournament, held on 21st and 22nd October 2023, was a remarkable event that brought together the youth of the community to showcase their talents, advocate for menstrual and gender equity, and provide free medical services to residents. The tournament included six boys' teams and two girls' teams, each eager to demonstrate their skills and compete in a friendly environment.

The event witnessed a significant turnout as people attended the free medical clinic sponsored by the **Leo Project**. This clinic provided much-needed healthcare services to the community, creating a positive impact on the well-being of individuals. Alongside medical assistance, participants enjoyed the music played at the venue, enhancing the overall festive atmosphere.

The football aspect of the tournament was equally impressive. The teams received high-quality soccer jerseys, socks, and free snacks from **BATUK (British Army Training Unit Kenya)**, which added to the excitement and professionalism of the matches. The event's main sponsor, the **Drawing Dream Initiative**, organized sessions for girls from the community to educate them about menstrual health, emphasizing the importance of proper hygiene and care.

Furthermore, the event incorporated mentorship and guidance for both male and female participants. **Shed A Light** initiative actively participated in preparing the tournament grounds and provided mentorship talks for the boys' teams. Additionally, Shed A Light hosted training sessions for the ladies' teams, leading up to the final.

The impact of the Ndoto Tournament was felt throughout the weekend, leaving a positive impression on the entire community. Attendees not only received necessary medical treatment but also learned about conserving the environment. The event successfully united individuals from diverse backgrounds, fostering a sense of togetherness and promoting the importance of gender equity and menstrual health.

In conclusion, the 2023 Ndoto Tournament was a resounding success, showcasing the talents of the youth, advocating for essential causes, and providing valuable services to the community. It served as a powerful platform for education, engagement, and empowerment, leaving a lasting impact on all those involved.





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